- > Confidence in God in times of fear (v1-3)
- Focusing on God in times of fear (v4-6)
- Praying in the midst of fear (v7-12)
- Waiting on God in times of fear (v13-14)

- 1. Confidence in God in times of fear (v1-3)
- The LORD is my light
- The LORD is my salvation
- The LORD is my stronghold
- Two types of fear;
 - Fear of what is yet to come
 - Fear in the midst of the storm

- 2. Focusing on God in times of fear (v4-6)
- > What is your 'One thing'? (v4)
- > In the day of trouble, God will; (v5)
 - > Keep you safe in his dwelling
 - ➤ Hide you in his shelter
 - > Set you high upon a rock
- God's deliverance (v6)

- 3. Praying in the midst of fear (v7-12)
- Hear me....be merciful to me
- Seek his face....do not hide your face
- You have been my helper
- Do not reject....the LORD will receive
- Teach me your way
- Do not turn me over to my foes

- 4. Waiting in the midst of fear (v13-14);
- > I am still confident
- > Wait for the LORD